

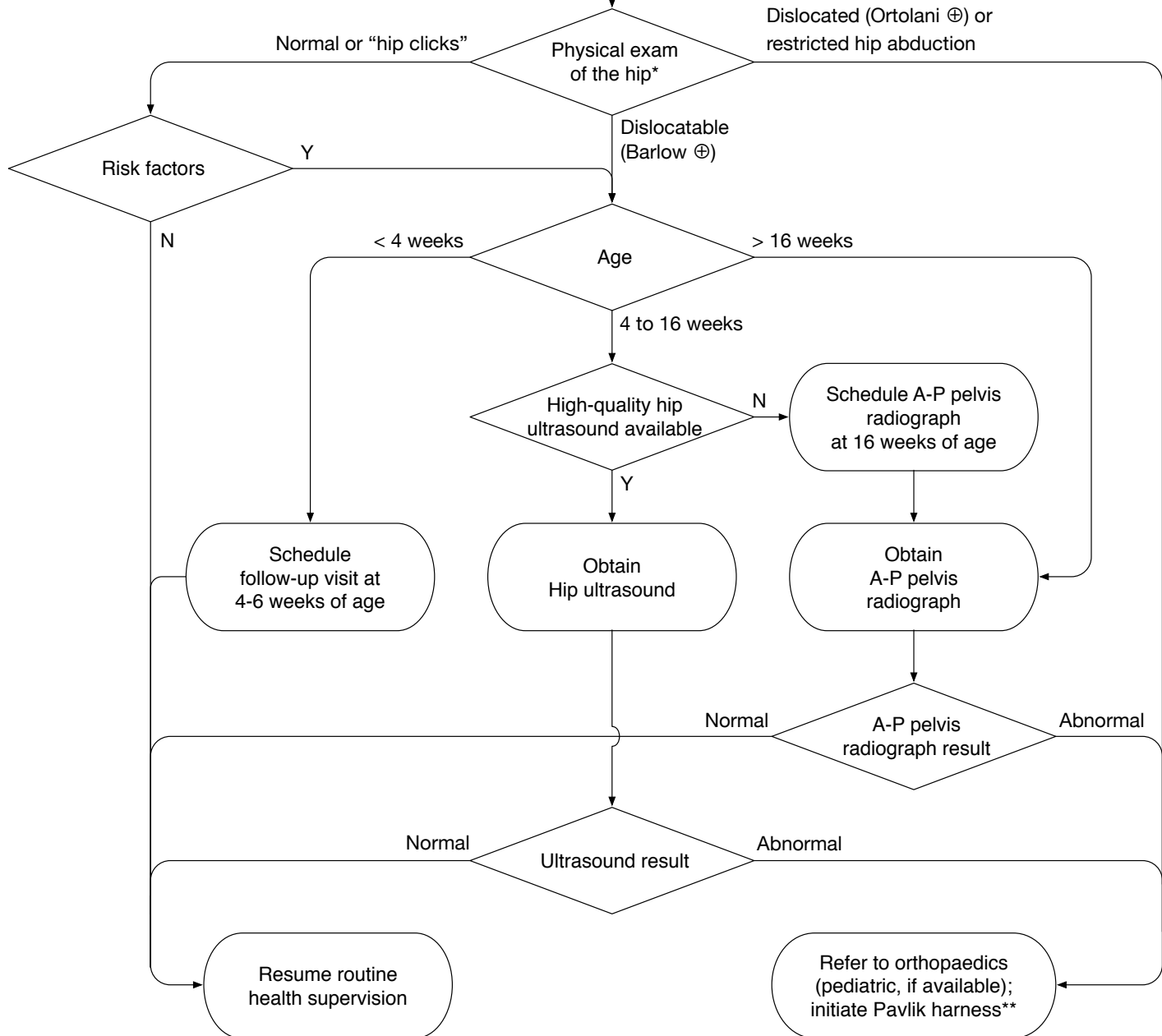
## Suggested DDH Surveillance Care Map

Using this suggested care map will not guarantee all cases of DDH will be diagnosed early. **There is no known system for 100% accurate screening for DDH.** Not all possible clinical scenarios are contained within this care map and clinical judgement may supersede the map at any node.

Routine health supervision visit,  $\leq 2$  years of age

### Risk Factors for DDH

- Breech presentation
- Family history of DDH
- History previous instability
- Parental concern
- Improper swaddling
- Suspicious or inconclusive exam



\* After 5-6 months of age, the presence of restricted hip abduction, lower-limb asymmetry, or limp are better indicators of possible DDH.

\*\* Consider Pavlik harness at < 6 months of age, since success rate is higher if initiated then; after this age, reduction under anesthesia with casting or surgical treatment of the hip joint may be necessary.